

2026/2027 Secondary

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Carrot & Coriander Soup	Tangy Tomato Soup	Kale & Broccoli Soup	Seasonal Harvest Soup	Leek & Potato Soup
Meal option 1	Chicken Tikka Masala	Roast Chicken Dinner mashed potato gravy peas + carrots	Margarita pizza onion rings mediterranean salad	Mexican Beef Burrito bowl rice pico de gallo	Hot dog potato wedges C&C sticks
Meal option 2	MSC fish fingers oven chips mixed salad	Cheese & Spinach Quiche rainbow salad	Chickpea curry with pitta bread	Toasted Folded Turkey Quesadilla pico de gallo	Chicken wrap oven chips C&C sticks
Grab & Go	Fiery Burger: Hot n Spicy Chicken / Halloumi Burger	Chicken Rollover hot dog	Arabiatta/Mascarpon e Pasta	Chilli Potato Dogs	Loaded fries: Salt & Chilli Chicken
Dessert	Delight dessert	Jelly	Vanilla Ice Cream	Home-made Cooking	Fruit salad

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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Tangy Tomato Soup	Seasonal Harvest Soup	Leek & Potato Soup	Sweet Potato & Coconut Soup	Carrot & Coriander Soup
Meal option 1	Chicken Burger oven chips crunchy salad	Beef lasagne	Tomato Pasta	Steak pie with mashed potatoes peas & carrots	Salmon fingers diced potato rainbow salad
Meal option 2	Cheese & Spinach Quiche oven chips crunchy salad	MSC Breaded Fish Goujons herby boiled potatoes peas & carrots	Cheese Panini diced potatoes pico de gallo	Omelette garlic bread crunchy salad	Hot Dog potato wedges rainbow salad
Grab & Go	BBQ Chicken Quesadilla / Cheese Quesadilla	Cheesy Mex Nacho Box: with BBQ Pulled Pork	Greek Chicken Gyros Wrap	Chicken rollover hot dog	Fiery Burger: Hot n Spicy Chicken / Halloumi Burger
Dessert	Fruity Yoghurt	Vanilla Ice Cream	Fruit salad	Home-made Cooking (reduced)	Jelly

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Seasonal Harvest Soup	Sweet Potato & Coconut Soup	Carrot & Coriander Soup	Tangy Tomato Soup	Leek & Potato Soup
Meal option 1	Beef & Cheese Burger diced potatoes crunchy salad	Sausage roll (vegan) baked beans Mediterranean salad	bolognese pasta (v) garlic bread	Chicken Fajita in Pitta Pockets oven chips rainbow salad	Sausage Tomato pasta (v)
Meal option 2	Chicken Wrap diced potatoes crunchy salad	Vegetarian Meatball Spaghetti code: 130516 (recipe in nutmeg)	Halloumi & Roasted Veggie with Orzo (Tray Bake)	Chilli con carne nacho chips	Margarita pizza potato wedges mixed salad
Grab & Go	Cheese & Tomato Pizzini (v)	Pizza Quarter/Sub: Margherita (v) / Pepperoni /	Shawarma wraps w/ spicy chilli sauce/ spicy cheese sauce	Cheesy Mex Nacho Box: with BBQ Pulled Pork	Sweet & Chilli/ Honey Chilli Chicken Wrap
Dessert	Fruit salad	Vanilla Ice Cream	Jelly	Home-made Cooking (reduced)	Fruity yoghurt