



GRYFFE HIGH SCHOOL

Opportunities Available In the Wider Community



parkrun



BRAEHEAD
ROCKERS



Monday

Girls Brigade

When: 6.30pm to 8.30pm Where: Houston Church Halls, Main Street

Further info: contact 1sthoustongb@gmail.com



Houston Hornets Basketball

When: 6pm- 8pm Where: Gryffe High School

Further info: **S1 and S2 only**

<http://www.bballpaisley.co.uk/people/houston-hornets/>



Girls Football Team

When: 6pm to 7.30pm Where: Gryffe High School

Further info: speak to PE department

RAF Air Cadets

When: 7.15pm to 9.30pm Where: 1701 (Johstone) Sqn Canal Road

Further info: contact 01505 335331 www.raf.mod.uk/aircadets



Tuesday

Bridge Of Weir United – 2007 Age Group

When: 6.30pm – 8pm

Where: Gryffe High School

Further info: 07514671904



Clyde Judo Club

When: 7pm

Where: Park Mains High School

Further info: <http://www.clydejudo.org.uk/>



Gryffe Badminton

When: 8pm

Where: Starthgryffe Tennis Club

Further info: Starts in September. £5 a session or £45 a year

<https://www.strathgryffe.net/badminton>



Scouts

When: 7.30pm

Where: The Compass Centre, South Street, Houston

Further info: **Age 10-14**

<http://www.renfrewshirescouts.org.uk/spage-groups-houston.html>



Wednesday

Bridge Of Weir United – Age Group 2008 / 2011-2012 / 2013

When: 6pm – 7pm Where: Gryffe High School

Further info: 07514671904



Gryffe Camera Club

When: 7.30pm Where: Carrick Centre

Further info: Starts in September. <http://www.gryffecameraclub.co.uk/>



Japan Karate Academy

When: 7pm to 8pm Where: Johnstone Community Sports Hub

Further info: First lesson free. senseclair@btconnect.com



Japan Karate – female only session

When: 8pm to 9pm Where: Johnstone Community Sports Hub

Further info: First lesson free. senseclair@btconnect.com

Paisley Sea Cadets

When: 7pm to 9.30pm Where: Brediland Community Centre, Paisley

Further info: <https://www.sea-cadets.org/paisley/parade-times>



RAF Air Cadets

When: 7.15pm to 9.30pm Where: 1701 (Johstone) Sqn Canal Road

Further info: contact 01505 335331 www.raf.mod.uk/aircadets



Thursday

Bridge Of Weir United – 2009 Age Group

When: 6.30pm – 8pm

Where: Gryffe High School

Further info: 07514671904



Houston Gardening Group

When: 10am

Where: St Fillans Underpass

Further info: All equipment supplied



Scouts – Explorers Section

When: 7.30pm

Where: The Compass Centre, South Street, Houston

Further info: **Age 14-18**

<http://www.renfrewshirescouts.org.uk/spage-groups-houston.html>



Friday



Boys Brigade

When: 7pm-9pm

Where: Houston Church Halls, Main Street

Further info: Opportunity to become part of pipe band

Braehead Rockers Curling

When: 4.14pm – 5.45pm

Where: intu Braehead

Further info: Book online at

<http://www.curlbraehead.co.uk/the-rockers.html>



Bridge Of Weir United – Age Group 2008

When: 6pm – 7pm

Where: Gryffe High School

Further info: 07514671904



Bridge Of Weir United – Age Group 2010

When: 6pm – 7pm

Where: On X Linwood

Further info: 07514671904



Clyde Judo Club

When: 6pm

Where: The Powerhouse, Bishopton Scout Hall

Further info: <http://www.clydejudo.org.uk/>



Paisley Sea Cadets

When: 7pm to 9.30pm Where: Brediland Community Centre, Paisley

Further info: <https://www.sea-cadets.org/paisley/parade-times>



Riverside Youth Band – Training Band (Brass)

When: 5pm to 5.45pm Where: St John's Church Hall, Port Glasgow

Further info: For those fairly new to Brass instruments. Up to level 3 or 4.



Riverside Youth Band
Opportunity through music

Riverside Youth Band – Youth Band (Brass)

When: 5.45pm to 7.45pm Where: St John's Church Hall, Port Glasgow

Further info: For more experienced Brass players. They enter the Scottish Youth Brass band championships each and have won for the last **3 years!!!**

Weekend

Houston Litter Picking

When: Saturday 10am

Where: Coop Houston

Further info: jakefulton@msn.com



Linwood Parkrun (5K)

When: Saturday 9.30am

Where: On X Linwood

Further info: <http://www.parkrun.org.uk/linwood/course/>



Junior Parkrun (2k)

When: Sunday 9.30am

Where: Barshaw Park

Further info: <http://www.parkrun.org.uk/barshaw-juniors/>

Castle Semple Sailing Club

When: Sunday 9.30am to 12pm

Where: Castle Semple Loch, Lochwinnoch

Further info: April to October only

www.castlesemplesc.co.uk



Braehead Rockers Curling

When: Sunday 12pm – 2.20pm

Where: intu Braehead

Further info: Book online at

<http://www.curlbraehead.co.uk/the-rockers.html>



Other Opportunities Available

Clydeside Orienteers

Host various events throughout the year,

Further information:

<http://www.clydesideorienteers.org.uk/home/events/>



Fishing

Bridge of Weir River Angling Club

Further info: <https://www.bowrac.com/>

Paisley Abercorn Angling Club

Further info : <https://paisleyabercornanglingclub.wordpress.com/permits/>

Houston United FC

Train regularly throughout the week

Times can be found at:

<http://www.houstonunitedfc.com/2000-2/#>

Contact 07786 484 961



PACE

PACE Climb – S1 and S2

Choose One Subject to Availability

- | | | |
|---|------------------------|-----------------|
| A | Saturday 11.15 – 12.45 | Wynd Auditorium |
| B | Saturday 13.15 - 14.45 | Wynd Auditorium |
| C | Saturday 15.15-16.45 | Spires Studios |
| D | Thursday 17.30-19.00 | Wynd Auditorium |



PACE Soar – S3 and S4

Choose One Subject to Availability

- | | | |
|---|------------------------|-----------------|
| A | Saturday 13.15 – 15.15 | Spires Studio 2 |
| B | Thursday 19.00 – 20.30 | Wynd Auditorium |

PACE Beyond – S5 and S6

- | | | |
|----------|---------------|-----------------|
| Thursday | 18.30 – 20.30 | Wynd Auditorium |
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Further information: Autumn brochure uploaded to school website.

Dancewest Scotland



All Classes held in [The Carrick Centre, Houston](#)

DANCEWEST
PERFORMING ARTS

<https://www.dancewestscotland.co.uk/about>

Wednesday

Youth & Junior Comp Teams	Cheer, Tumble & Dance	4.00 - 7.00	£5.00
Senior Rec (Gryffe High Dance Studio)	Cheer & Dance	7.00 - 9.00	£9.50

Friday

11 - 15 years	Cheer & Tumble	5.00 - 7.00	£9.50
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Saturday

S1 - Seniors	Ballet, Tap, Modern	1.30 - 5.00	£9.50
S3+	Commercial Class	11.15 - 12.00	£5.00

Strathgryffe Tennis and Squash

Fleming Road, Houston

<https://www.strathgryffe.net/>



Teen Gym at Strathgryffe

Gym members age 13-15 years of age can train at the following times as part of our teen gym sessions:

Mon	16:00-17:00, 16.30-17:30, 17:00-18.00
Tues	16:00-17:00
Weds	15:00-16:00, 15.30-16:30, 16:00-17.00
Thurs	16:00-17:00, 16.30-17:30, 17:00-18.00
Fri	15:00-16:00, 15.30-16:30, 16:00-17.00, 18:00-19:00
Sat & Sun	12:00 onwards

13-15 year olds may attend our monitored sessions after passing an assessment carried out by our Fitness Manager

Renfrewshire Young Farmers

https://www.facebook.com/WestRenfrewshireYoungFarmersClub/?fref=gc&dti=913726105341750&hc_location=ufi

Open to everyone not 'farmers'

A wide range of opportunities available

Age 14 +

Examples of activities: hockey, curling, carfts, speech makin, performig arts and lots of social events



Johnstone Jets Youth Cycling

Further info

https://www.facebook.com/pg/JohnstoneJetsYouthCycling/about/?ref=page_internal

<https://www.johnstone-wheelers.co.uk/johnstone-jets>



Duke of Edinburgh Volunteering Opportunities

Bridge Of Weir United Coaching

When: various evenings Where: Gryffe High School and other locations

Further info: 07514671904



Girls Brigade

When: Monday evenings Where: Houston Church Halls, Main Street

Further info: **Leadership course available.** contact 1sthoustongb@gmail.com



Houston Litter Picking

When: Sunday 10am

Where: COOP Houston

Further info: jakefulton@msn.com



Houston United

When: throughout the week

Where: Gryffe High

Further info: <http://www.houstonunitedfc.com/2000-2/#>



Linwood Parkrun

When: Saturday 9.15am

Where: On X Linwood

Further info: linwoodhelpers@parkrun.com



Scouts

You can volunteer to help at the younger sections – Cubs and Beavers

Further info - <http://www.renfrewshirescouts.org.uk/spage-groups-houston.html>

[Strathgryffe Tennis and Squash Club](#)

Please contact dana@strathgryffe.net for information on DOE volunteering

